

November 21, 2011

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For this Thanksgiving week, I offer you the following quote for consideration:

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

--Melody Beattie



Happy Thanksgiving. Enjoy your long weekend.

*Fred*

AIP Matters will resume on Monday, November 28, 2011.